



GLACIER TRAILRUN

GLACIER TRAIL – 42K

ROUTE	HEIGHT (m)	DISTANCE (km)	TARGET DISTANCE (km)	TIME FAST	TIME SLOW	TIME- LIMIT
START: Village center OG	1.930	0,0	41,7		07:00	
V1 Kuppelehütte	2.302	8,1	33,6	08:05	09:12	09:15
V2 Ramolhaus	3.006	12,5	29,2	08:49	10:36	
Piccardbrücke	2.507	14,6	27,5	08:57	11:00	
V3 Langtalereckhütte	2.450	17,1	24,6	09:15	11:40	
V4 Schönwieshütte	2.266	20,4	21,3	09:36	12:20	12:20
V5 Hohe Mut Alm	2.670	28,5	13,2	10:37	14:20	
V6 Middle station Roßkarbahn	2.256	34,7	7,0	11:19	15:53	
TARGET: Village center OG	1.930	41,7	0,0	12:04	17:30	18:00

Starting time:
7:00 Uhr

Total kilometers:
41,7 km

Total vertical meters ascent:
2.800 Hm

Total vertical meters descent:
2.800 Hm

Calculated using the distance-time formula for trail running. Times plus additions and deductions for altitude meters. The actual kilometers and altitude meters vary between +/- 3 % depending on the measuring method.
All data without guarantee!